



Quick Guide – ‘Respect, Safety & Wellbeing’ aligned with BNU’s ‘Student Prevention of Harassment and Sexual Misconduct Policy’

[Policies and Strategies | Buckinghamshire New University](#),

Purpose

A quick guide to help with where to find help for personal wellbeing and how to report an incidence of harassment, bullying and sexual misconduct whilst at college.

What Counts as Harassment, Bullying or Sexual Misconduct?

- Unwanted behaviour that violates your dignity or creates an intimidating, hostile or offensive environment.
 - Bullying, threats or persistent intimidation in person or via online platforms or group chats of any kind.
 - Any unwanted sexual behaviour — from sexual comments to physical contact, coercion or assault.
 - Abuse of a position of power or trust for sexual purposes.
(Full definitions in BNUs policy online.)
-

Who to contact if you experience harassment, bullying or sexual misconduct within the RHCast community.

Students and staff can report incidents to the Vice Principal or directly to the EDI Officer or College Manager.

All personal relationships with any visiting tutor or core staff member must be disclosed to the college manager and the relevant form completed declaration form completed.

Who to contact if you need support for your own wellbeing or that of your peers – you may use the below emails in this situation

Safeguarding concerns – viceprincipal@rhcast.co.uk

Wellbeing concerns – viceprincipal@rhcast.co.uk

EDI concerns – edi@rhcast.co.uk

Student Reps - via instant message on Moodle or in person

Any concern can be raised filling a ‘Cause for Concern’ form found in Policies on Moodle. Once complete hand to the College Manager.

<https://rhcast.moodlecloud.com/course/view.php?id=34>

Support Available

- A dedicated safeguarding caseworker and updates on your case.
 - Emotional support and counselling.
 - Referral to mental health specialists, sexual violence or harassment services.
 - Protective measures to be agreed by the case worker if necessary.
 - Support is also available for students accused of misconduct.
-

Mental Health Emergencies

- NHS Wellbeing Suffolk – Call 0300 123 1503
- Samaritans - Call 116 123
<https://www.samaritans.org/branches/bury-st-edmunds/>
- Suffolk Mind – Call - 0300 111 6000
<https://www.suffolkmind.org.uk/about-us/areas-we-cover/>
- For neurodivergent students - Talking Minds - <https://talking-minds.co.uk>